

9920 West Cheyenne Ave., Ste. 110 Las Vegas, NV 89129 9065 S. Pecos Rd., Ste. 230 Henderson, NV 89074 501 S. Rancho Dr., Ste. G-44 Las Vegas, NV 89106 (702) 316-2281 - Fax: (702) 316-2272

Hours: Monday thru Friday 8:00am to 5:00pm Closed: For Lunch from noon until 1:00pm

Dear Patient,

It is important that you arrive on time to your appointment to meet with the physician. You will be rescheduled if you do not arrive on time.

Please print out and complete all of this paperwork prior to your appointment and bring it with you. Also bring the following;

- All of your pertinent medical records (unless the referring doctor has already faxed them to our office
- o MRI, X-Ray or CT-scans films
- o Picture Identification
- o Health insurance card
- All medication prescription bottles you are currently taking
- Come prepared to pay your co-pay or deductible when you check in to our office. Our office does not bill for copays. Copays are collected at check-in, before you are seen.

Please understand that if your paperwork is not complete or if you are not on time for your appointment, you may be rescheduled. For directions to our office, feel free to view our website at www.painfreenevada.com.

If you have any questions, feel free to contact our office at (702) 316-2281

Sincerely,

Innovative Pain Care Center

### INNOVATIVE PAIN CARE CENTER

9920 W. Cheyenne Ave. Suite 110 Las Vegas, NV 89129/ 9065 S. Pecos Rd. Suite 230 Henderson, NV 89074/ 501 S. Rancho Dr., Suite G-44 Las Vegas, NV 89106 Phone: (702) 316-2281 Fax: (702) 316-2272

Date		
REGISTRATION FORM	REFERRING PHY	YSICIAN:
Last Name	First Name	M,I
Street Address	City	ST Zip
Birth DateAge	SS#Phone#	Cell#
MaleFemale	Marital Status: Single Married	Separated Divorced Widowed
E-Mail:	Primary Physician:	
	Employment Information	
Employer	Address	
City State _	Zip CodePh	one #:
Occupation	Other: Not EmployedI	Retired Disabled Student
	Insurance Information	
Primary Insurance	Policy Sta	rt Date
Member/Policy#	Group Name/Number	- AND
Policyholder's Name	SS#	DOB:
Policyholder's Employer	Relation to Patient: SelfSp	oouseChildOther
	Policy Start	
	Group Name/Number	
	SS#	
•	Relation to Patient: SelfSp	
	Accident/Injury Information	
Are you currently on WORKER'S COMPENSA	ATION? YesNo W/C Manager Name / Phone #:	
•	E ACCIDENT (MVA)? Yes No Auto Insurance ?:	
Is your condition related to any OTHER ACCID	DENT/INJURY? Yes No	
Do you have an attorney for any outstanding case	se regarding your condition? Yes No Atty name / phone	;#:
DATE OF INJURY OR ILLNESS (DOI):attorney in the Primary Insurance section ab	*If you have an attorney for LIEN	N, please provide name, address and phone number for yo
	<b>Emergency Contact Information</b>	
Emergency Contact:	Phone	Relation to you

## INNOVATIVE PAIN CARE CENTER 9920 W. Cheyenne Ave. Suite 110 Las Vegas, NV 89129/ 9065 S. Pecos Rd. Suite 230 Henderson, NV 89074 501 S. Rancho Dr. Suite G-44 Las Vegas, NV 89106

Phone: (702) 316-2281 Fax: (702) 316-2272

#### Assignment and Release

I understand that any and all fees incurred for medical treatment are my total and ultimate responsibility, regardless of any insurance I may have. It is ultimately my responsibility to know the guidelines of my insurance coverage. In the event that my insurance does not provide benefits or provides reduced benefits and / or I do not provide my insurance company needed information in a timely manner, I will be financially responsible to pay up to the agreed upon fee schedule.

I agree to pay for all services rendered. If a collection agency's services are required, I further agree to pay collection agency fees (35%) and interest at the rate of 1.5% monthly or 18% annually until the debt is paid. I further agree to pay for all legal fees, court costs and reasonable attorney fees associated with collecting any outstanding debt. There will be a \$75.00 fee (per incident) added to my bill for redeposit or returned checks.

I, the undersigned, assign directly to Innovative Pain Care Center, medical benefits, if any, from my insurance carrier that would otherwise be payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by my insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits and/or further medical treatments. I authorize the use of this signature on all my insurance submissions whether manual or electronic.

Patient or Responsible	
PartySignature	Date

# Innovative Pain Care Center 9920 West Cheyenne Ave., Ste110, Las Vegas, NV 89129 9065 South Pecos Rd., Ste 230, Henderson, NV 89074 501 S. Rancho Dr., Ste. G-44 Las Vegas, NV 89106 (702) 316-2281 - Fax: (702) 316-2272

NOTE: ALL SECTIONS MUST BE COMPLETED PRIOR TO SEEING THE PHYSICIAN.
PLEASE WRITE VOUR NAME ON EACH PAGE IN THE SPACE PROVIDED.

Patient Name:_						Date:		
DOB:	Age:	Occupation:_						
		INITIAL PAIN	ASS	ESSM	ENT	•		
Answering the	following questi	ons will help your p	hysic	ian bett	er ur	iderst	and and tro	eat your pain.
Are you current	ly on WORKER	S COMPENSATIO	N?	Yes	_No			
Is your conditio	n related to a MC	TOR VEHICLE AC	CIDE	ENT (M	VA)?	Yes	No	
Is your conditio	n related to any (	OTHER ACCIDENT	JLNIV	JRY? Y	es	]	No	
Do you have an	attorney for any	legal issues regardin	g you	r conditi	on?	Yes	No	
Are your medic	al expenses curre	ntly on an attorney l	ien?	Yes		_No_		
Are you current	ly pregnant? Ye.	s No	_ N	/A				
Are you current	ly employed? Y	esNo	· · · · · ·					
-		nd is this a physicall		anding j	ob or	seden	itary?	
If not employed	l, then what is yo	ur work status?	Jnemp	oloyed	Re	tired	Disabled	Homemaker
Since what date								
Chief Complair	nt (Explain the co	ndition(s) requiring	reatm	ent):				
Please check or	ne: Right H	anded	L					
		(If wor						irv or accident.)
What do you th	ink <u>caused</u> your p	pain? How did your	pain s	start?				
Has your pain i	ncreased, decreas	sed, or stayed the san	ne in s	severity :	since	it star	ted?	

Circle all the	e words that desc	ribe your pain	•			
Aching	Burning	Sharp	Pins/Needles	Stabbing	Penetrating	Throbbing
Numbness	Pressure	Burning	Shooting	Gnawing	Tiring	Tender
Nagging	Intermittent	Continuous	Other:			
CERVICAL	L (neck, shoulde	er or arm pair	<u>1)</u>			
Do you have	e pain in your ne	ck, shoulder(s)	or arms? Y	N		
If so, how d	oes the pain in yo	our arms comp	are to the pain i	n your neck?	Circle the phrase	e that applies.
The pain in	my <u>arm(s)</u> is <u>v</u>	vorse than (Ci	the same as I	ess than the p	oain in my <u>neck</u> .	
	ase divide your co	-	r a total of 100%		in% in%	
Do you have	e pain in your ba	ck, hip(s) or le	eg(s)? Y N			
-	oes the pain in y			n your back? C	Circle the phrase	that applies.
	my <u>leg(s)</u> is <u>we</u>	orse than th			ain in my <u>back.</u>	
Plea	ase divide your l	umbar pain foi	a total of 100%	: Back Pa Leg Pai	nin% n%	
Circle the n	umber that best o	lescribes your ****Plea	pain ON AVEF se clarify your p	RAGE: ain level, whet	her it is for the	neck or back***
0 No Pain	1 2	3 4	5	6 7	8	9 10 Worst Pain Imaginable
Circle the n	umber that best of	describes your	pain AT ITS W	ORST:		
0 No Pain	1 2	3 4	. 5	6 7	8	9 10 Worst Pair Imaginable
Circle the n	umber that best	describes your	pain AT ITS B	EST:		
0 No Pain	1 2	3 4	5	6 7	8	9 10 Worst Pair Imaginable
PATIENT	Γ NAME:				_DATE;	

Circle the most	appropriate ans	wer for eacl	a daily function	n. Only <u>circl</u>	e one answ	er for each	question.
How long can	you SIT?	< 15 min	15-30 min	30-45 min	1-2 hrs	2-4 hrs	> 4 hours
How long can	you STAND?	< 15 min	15-30 min	30-45 min	1-2 hrs	2-4 hrs	> 4 hours
How long can IN A CAR?	you RIDE	< 15 min	15-30 min	30-45 min	1-2 hrs	2-4 hrs	> 4 hours
How far can ye	ou WALK?	< 1block	1 block 1-2	2 blocks 2-3	blocks 3	3-4 blocks	> 4 blocks
How much WI YOU LIFT W		N? < 5 lbs	5-10 lbs	10-20 lbs	20-40 lbs	40-60 lb	s >60 lbs
Circle the th	ings that mal	ce your pai	n feel worse.	. Circle all	that apply	y <b>.</b>	
Walking	Standing	Sitting	Lying I	Down L	ifting		
Other:							
What sorts of the	hings make you	r pain feel b	etter? Circle	all that apply.			
Heat	Cold	Sitting	Lying d	lown M	sedicine .		
Other:							
Circle the numbers below that best describe how pain has interfered with your daily functioning.  Mildly  Moderately  Severely							
General Activ	ity						
0 1 Does not interfer	2 re	3 4	5	6	7	8 G	10 letely interferes
Normal Work						8 0	10
0 1 Does not interfer	2 re	3 4	5	6	7	•	10 letely interferes
Sleep  0 1  Does not interfer	2	3 4	5	6	7	8 G	) 10 letely interferes
GOAL: What		d vou like to	return to that	are currently	limited by	•	•
COAL. What	activities would	a you mee to		u.		F	
			OCATION (		5749 47		t the meet
In the diagram					x" the are		t the most.
RT	LT A	RIGHT	2	LT RT		LEFT	
			<b>3</b>				
DATTENT N	AMT.				DAT	R:	

## PATIENT HISTORY

Have you tried Physical, Chiropra If yes, Please list dates and result	actic, Massage, or Acupunctus: s:	re the	ару	y (	16	s			1 <i>A</i> (			
			******									
PREVIOUS 1	PAIN RELATED SURGI	ERY/	<u>rr</u>	EA	<u> </u>	ME)	NT!	 S				·····
What pain treatments have you recein pections, etc). If the exact date is nedications here. Circle the number	ived in the past? (For example, not known, list the approximate)	pain m month/	edic year	atio	ns, O <u>N</u>	bacl	c sur incl	gery lude	, ep cur	ren	al st t	eroi
Previous Pain Treatment or Pain Medication	Date(s) of Treatment					Complete Relief						
		0	1	2	3	4	5	6	7	8	9	10
												10
	CURRENT MEDICA											
Pharmacy:					,	<b>5</b> 01						
Name:	Location.				— 1	1 110	nic.					
1. List all current PAIN MEDIC convulsants, anti-inflammatories the doctor who is prescribing the MEDICATION	and sleeping aids.) Include dosage in n medication.  AMOUN				an	and # of times taken per WHO			iti- day			
						_				***************************************		
2. List all other current medication who is prescribing the medication	ions including dosage in mg a	and # o	nec	essa	ary.		per HO	day	/ & ·	the	doc	tor
MEDICATION	DOSAGE (mg)						RES	CR	IBE	D_		
		···			_							
					<del></del>							
					<del>`</del>		<u>-</u>		·············			
PATIENT NAME:				1	DΑ	TE	.:					

ARE YOU CURRENTLY	TAKING ANY BLOOD THINN	NING MEDICATIONS? Y N
If Yes, name of blood thinn (Warfarin, Aspirin, Xarelto,	ing medication:  Coumadin, etc.)	
Have you had X-Rays, CT S was performed along with th	cans, MRI's, or Nerve Testing? I e location, if known:	f so, please list the test, the date it
	ALLERGIES TO MEDICATI	IONS
Do you have any allergies to if "yes", list any allergies to me	medications? Yes No edications and what reaction happens	3:
MEDICATION	REACTION	
SURG	ICAL HISTORY (UNRELATE	ED TO PAIN)
List all prior surgeries <u>unrelat</u> month/year.	ed to your pain. If the exact date is r	not known, list the approximate
SURGERY		DATE
	,	
PATIENT NAME:		DATE:

DOMESTIC HIST	TORY/	INFO			
Marital Status: Married Single Divorced	Separ	ated Wi	dowed		
Parents: Is your Father still living? Y N Is y	your Mc	other still liv	ing? Y	N	
Do you smoke? Y N If so, how much per day?_			-0		
Do you drink alcohol? Y N If so, how much per	week?_		.,,,,,		_
Have your ever had a substances abuse or addiction prob	olem?	Y N			
Did you injure yourself? Y N If so, how?					<del></del>
Do you have any legal action pending regarding your pa	in probl	lem? Y	N		
Do you have any disability claim regarding your pain pr					
MEDICAL H					
Please place an "X" if you or a family member curre	ently ha	ve or have a	history of th	e following	conditions:
Please list other family members as appropria	ate in th	e space pro	vided (e.g. "t 	l .	cle"). List OTHER
CONDITION	SELF	FATHER	MOTHER	OTHER FAMILY	FAMILY Member
Diabetes					
High Blood Pressure				-	
Heart - Mitral Valve Prolapse					
Palpitations, Irregular or Fast Heart Beat					
Other Heart Disease:					
Chest Pain					
Stroke					
Asthma					
Tuberculosis					
Emphysema					
Anemia					
Sickle Cell Illness					
Other Blood Disease/Problem					
Kidney Disease or Trouble					
Jaundice or Hepatitis (A B or C) (Specify)					
Other Liver Disease					
Gallbladder Trouble					
Meningitis					
Thyroid Trouble					
Cancer - of					
Other Serious Illness not mentioned (Shingles, MS, ect.)		1			

PATIENT NAME:	DATE:
FALICIAL NAME:	DATE:

Explain:

Name:	Date of Birth;/	Today's Date: / /
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### Pain Management Questionnaires

The following are some questions given to all patients at Innovative Pain Care Center who are on or being considered for opioids for their pain. There are 3 sections to complete. Please answer each question as honestly as possible. This information is for our records and will remain confidential. Your answers alone will not determine your treatment. Thank you.

#### Section 1 of 3: OPIOID RISK TOOL

Please complete one column according to your gender and circle the number in the column if your answer is "yes."

	Female	Male
Do you have family members who abuse the following currently or in the past:		
The state of the s		
Alcohol?	1	3
Illegal Drugs?	2	<b>2</b>
Prescription Drugs?	4	4
Do you abuse the following currently or in the past:		up al Alphanagl Marketin allah
Alcohol?	3	3
Illegal Drugs?		4 4
Prescription Drugs?	5	5
Are you between the age of 16 and 45?		
Did you experience sexual abuse in your pre-adolescent years?	3	0
Do you have the following psychological illnesses:		
ADD, OCD, bipolar or schizophrenia?	2	2
Depression?		

Webster LR, Webster R. Pain Med. 2005; 6 (6): 432

ORT S	Score:
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Name:	Date of Birth://	Today's Date://
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## Section 2 of 3: PATIENT HEALTH QUESTIONNAIRE-9

Please circle a number between 0 and 3 for each question:

Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than half the days	Nearly every day
Little interest or pleasure in doing things	0.		2	3.7
Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling or staying asleep, or sleeping too much	0		2	3243 26047247 2424
Feeling tired or having little energy	0	1	2	3
Poor appetite or over-cating	0.8		2	
Feeling bad about yourself or that you are a failure or have let yourself or your family down	0	1	2,	3
Trouble concentrating on things such as reading the newspaper or watching TV	0		2	3
Moving or speaking so slowly that other people could have noticed? Or the opposite: being so fidgety or restless that you have been moving around a lot more than usual	0	11	2	3
Thoughts that you would be better soft dead or that you want to hurt yourself in some way			2	3 44

Robert L Spitzer, Janet BW Williams, Kurt Kroenke and colleagues

P	H(	9	Score:	
---	----	---	--------	--

Name:	Date of Birth: / /	Today's Date://
14(71)10,		

Section 3 of 3: SOAPP-R	Never	Seldom	Sometimes	Often	Very Often
How often do you have mood swings?	170			11-3 N	4.4
How often have you felt a need for higher doses of medication to treat your pain?	0	1	2	3	4
How often have you felt impatient with your doctors?	0.33		2	3.	14.4
How often have you felt that things are just too overwhelming that you can't handle them?	0	1	2	3	4
How often is there tension in the home?	0	1	2	3 5	1.4
How often have you counted pain pills to see how many are remaining?	0	1	2	3	4
How often have you been concerned that people will judge you for taking pain medication?	200 AN		2	43 G	24 A
How often do you feel bored?	0	1	2	3	4
How often have you taken more pain medication than you were supposed to?	0.3		2	3.3	4.5
How often have you worried about being left alone?	0	1	2	3 .	4
How often have you felt a craving for medication?	iio ii	(150) <b>1</b> 30 15/96/30	2	773	16 <b>4</b> %
How often have others expressed concern over your use of medication?	0	1	2	3	4
How often have any of your close friends had a problem with alcohol or drugs?	200	3531 533 42551543	2	3.3	344 TH
How often have others told you that you had a bad temper?	0	1	2	3	4
How often have you felt consumed by the need to get pain medication?	<b>0</b>	37/1 A	12.2	335	274715 374247
How often have you run out of pain medication early?	0	1	2	3	4
How often have others kept you from getting what you deserve?	110 Th	in de la	# 2 2 5 5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	## <b>3</b>	44. <b>4</b> 6
How often, in your lifetime, have you had legal problems or been arrested?	0	1	2	3	4
How often have you attended an AA or NA meeting?	50.5		2	3.	4.2
How often have you been in an argument that was so out of control that someone got hurt?	0	1	2	3	4
How often have you been sexually abused?	=10	LANTE TELEVIER	100 100 100 100 100 100 100 100 100 100	3 3 3	4 2
How often have others suggested that you have a drug or alcohol problem?	0	1	2	3	4
How often have you had to borrow pain medications from your family or friends?	14.70 cm	76131.53 2434.53	2 2 2	# 13 A	244
How often have you been treated for an alcohol or drug problem?	0	1	2	3	4

Inflexation, Inc. 2015

re:

<u>Controlled Substance Question</u>	<u>naîre</u>	XEZ.	ИО	N/A
Have you ever used a controlled subs	tance in a way other than prescribed?	<b></b>		
Have you ever diverted a controlled	substance to another person?		***************************************	
Have you ever taken a controlled sub	stance that did not have the desired effect?	-	<del>,,</del>	<del>, ,</del>
Are you currently using any drugs, in	cluding alcohol or marijuana?		<u></u>	<del></del>
Are you using any drugs that may ne	gatively interact with a controlled substance?		<u> </u>	<b></b>
Are you using any drugs that were n	of prescribed by a practitioner that is treating you?		p	
Have you ever attempted to obtain a	an early refill of a controlled substance?		<b>,,</b>	<b></b>
Have you ever made a claim that a c	ontrolled substance was lost or stolen?		·	+
Have you ever been questioned abo	ut your pharmacy report or PMP report?	<del></del>	<u> </u>	
Have you ever had blood or urine te	sts that indicate inappropriate usage of meds?	,	, <u>.</u>	
Have you ever been accused of inap	propriate behavior or intoxication?	·	<u> </u>	,
Have you ever increased the dose of	frequency of meds without telling your provider?			· • • • • • • • • • • • • • • • • • • •
Have you ever had difficulty with sto	opping the use of a controlled substance?		<del></del>	,
Have you over demanded to be pre-	cribed a controlled substance?			
Have you ever refused to cooperate	with any medical testing or examinations?			
Have you ever had a history of subs	tance abuse of any kind?	p.,	•	. —
Has there been any change in your	health that might affect your medications?		<u></u>	L
Have you misused or become addic	ted to a drug, or falled to comply with instructions	?		
Are there any other factors that you	r practitioner should consider before prescribing?	<b></b>		
Patient's Signature	Patient's Printed Name	Date		

Petlent's Signature

## **NECK** Pain and Disability Questionnaire

Rate the severity of your pain by circling one number: (No Pain) 0...1...2...3...4...5...6...7...8...9...10 (Excruciating Pain)

This questionnaire has been designed to give the doctor information as to how your neck pain has affected your ability to manage everyday life. Read through each section and check only ONE line that applies to you. You may find that two of the statements in a section relate to you, but please just check ONE line that best describes your current predicament.

Section 1- Pain Intensity		Section 6- Concentration	
I have no pain at the moment		I can concentrate fully when I w	ant to with no difficulty.
The pain is very mild at the n		I can concentrate fully when I w	ant to with slight difficulty.
The pain is moderate at the n		I have a fair degree of difficulty	in concentrating when I
The pain is fairly severe at the		want to.	
The pain is very severe at the	moment.	I have a great deal of difficulty	in concentrating when I want
The pain is the worst imagina	ble at the moment.	to.	
		I cannot concentrate at all.	
Section 2- Personal Care (wash	ing, dressing, etc.)		
	Illy without causing extra pain.	Section 7- Work	
I can look after myself norma	illy but it causes extra pain.	I can do as much work as I wan	t to.
I am slow and careful because	e it is painful for me to look	I can only do my usual work, bu	at no more.
after myself.		I can do most of my usual work	, but no more.
I need some help but manage	most of my personal care.	I cannot do my usual work.	
I need help every day in most		I can barely do any work at all.	
I do not get dressed, I wash w		I cannot do any work at all.	
Section 3- Lifting		Section 8- Driving	
I can lift heavy weight without	ut extra pain.	I can drive my car without any	neck pain.
I can lift heavy weight but it		I can drive my car as long as I v	
	the floor, but I can manage if	I can drive my car as long as I v	
they are conveniently position		I cannot drive my car as long as	
	t I can manage light to medium	I can hardly drive at all because	
weights if they are convenien		I cannot drive my car at all.	
I cannot lift any weight due to			
	,	Section 9- Sleeping	
Section 4- Reading		I have no trouble sleeping.	
I can read as much as I want	to with no pain in my neck.	My sleep is slightly disturbed (	less than 1 hour sleenless)
I can read as much as I want	to with slight neck pain.	My sleep is mildly disturbed (1	
I can read as much as I want	to with moderate neck pain.	My sleep is moderately disturbe	
I cannot read as much as I wa		My sleep is greatly disturbed (4	
pain.		My sleep is completely disturbed	
I can hardly read at all because	se of severe neck pain.	Samuel And Andrews of the Andrews of	(
	22 22 , 111 111111	Section 10- Recreation	
Section 5- Headaches		I am able to engage in all my re	creation activities with no
I have no headaches at all.		neck pain.	
I have slight headaches that o	occur infrequently.	I am able to engage in all my re	creation activities with some
I have moderate headaches th		neck pain.	
I have frequent moderate hea		I am able to engage in most, bu	t not all of my usual
I have frequent severe headar		recreation activities:	and the printy down.
I have severe headaches all the		I am able to engage in a few of	my usual recreation activities
	ra mirá.	I can hardly do any recreation a	
		I cannot do any recreation activ	
		x dimiter do any representation dell'	mon and to most barre
Patient Name (Print)	Patient S	ignature	Date
, ,			
FOR OFFICE USE ONLY:			
x2=			
Total Points	Disability Percentage	Rating Scale	

## Oswestry Low Back Pain Disability Questionnaire

#### Instructions

This questionnaire has been designed to give us information as to how your back or leg pain is affecting your ability to manage in everyday life. Please answer by checking ONE box in each section for the statement which best applies to you. We realise you may consider that two or more statements in any one section apply but please just shade out the spot that indicates the statement which most clearly describes your problem.

Sec	ction 1 – Pain intensity	Sec	ction 3 – Lifting
	I have no pain at the moment		I can lift heavy weights without extra pain
	The pain is very mild at the moment		I can lift heavy weights but it gives extra pain
	The pain is moderate at the moment		Pain prevents me from lifting heavy weights off
	The pain is fairly severe at the moment		the floor, but I can manage if they are conveniently placed eg. on a table
	The pain is very severe at the moment		Pain prevents me from lifting heavy weights,
	The pain is the worst imaginable at the moment		but I can manage light to medium weights if they are conveniently positioned
			I can lift very light weights
Sec	tion 2 – Personal care (washing, dressing etc)		I cannot lift or carry anything at all
	t can look after myself normally without causing extra pain	Sec	tion 4 – Walking*
П	l can look after myself normally but it causes extra pain		Pain does not prevent me walking any distance
	It is painful to look after myself and I am slow and careful		Pain prevents me from walking more than 1 mile
	I need some help but manage most of my personal care		Pain prevents me from walking more than 1/2 mile
	I need help every day in most aspects of self-care		Pain prevents me from walking more than 100 yards
	I do not get dressed, I wash with difficulty		I can only walk using a stick or crutches
_	and stay in bed		I am in bed most of the time

Sec	ction 5 – Sitting	Sec	tion 6 – Sex life (if applicable)
	I can sit in any chair as long as I like		My sex life is normal and causes no extra pain
	I can only sit in my favourite chair as long as I like		My sex life is normal but causes some extra pain
	Pain prevents me sitting more than one hour		My sex life is nearly normal but is very painful
	Pain prevents me from sitting more than 30 minutes		My sex life is severely restricted by pain
	Pain prevents me from sitting more than 10 minutes		My sex life is nearly absent because of pain Pain prevents any sex life at all
	Pain prevents me from sitting at all	Sec	tion 9 – Social life
Sec	tion 6 – Standing		My social life is normal and gives me no extra
	I can stand as long as I want without extra pain	) <u></u>	pain
	I can stand as long as I want but it gives me extra pain		My social life is normal but increases the degree of pain
	Pain prevents me from standing for more than 1 hour		Pain has no significant effect on my social life apart from limiting my more energetic interests eg, sport
	Pain prevents me from standing for more than 30 minutes		Pain has restricted my social life and I do not go out as often
	Pain prevents me from standing for more than 10 minutes		Pain has restricted my social life to my home
	Pain prevents me from standing at all		I have no social life because of pain
Sec	tion 7 – Sleeping	Sec	tion 10 – Travelling
	My sleep is never disturbed by pain		I can travel anywhere without pain
	My sleep is occasionally disturbed by pain		I can travel anywhere but it gives me extra pain
	Because of pain I have less than 6 hours sleep		Pain is bad but I manage journeys over two hours
	Because of pain I have less than 4 hours sleep	П	Pain restricts me to journeys of less than one
	Because of pain I have less than 2 hours sleep	<u></u>	hour
	Pain prevents me from sleeping at all		Pain restricts me to short necessary journeys under 30 minutes
			Pain prevents me from travelling except to receive treatment

## References

Fairbank JC, Pynsent PB. The Oswestry Disability Index. Spine 2000 Nov 15;25(22):2940-52;
 discussion 52.

## PRESCRIPTION <u>MEDICATION AGREEMENT</u> FOR CONTROLLED SUBSTANCE THERAPY FOR PAIN

Nevada law requires a patient to enter into a "Prescription Medication Agreement" if a controlled substance is to be continued for more than 30 days for treatment of pain. I understand that this agreement will be updated every 365 days, or if there is a change to my treatment plan. I understand that attempting to reduce my pain is my responsibility, and that the treatment of pain with controlled substances carries with it some additional responsibilities that my practitioner has made me aware of. The purpose of this agreement is to help both me and my practitioner comply with the law. (Please sign below to indicate your understanding of all parts of this document.)

- 1. I understand my overall treatment plan and I understand the goals of the treatment of my pain, including the appropriate use of a controlled substance.
  - ---- I have discussed my treatment plan with my practitioner, Innovative Pain Care Center:

    Dr. Daniel Burkhead, Dr. Ho Dzung, Dr. Willis Wu, Dr. Eric Brimhall, Dr. Ryan West,

    Michael Eastman, PA-C, Kelsee McInturf, APRN-CNP, Michael Scott, PA-C

    , and I have a good understanding of the overall treatment plan and goals of treatment. My practitioner has discussed possible alternative treatments for my pain that do not include controlled substances and it is our mutual decision that continuation of a controlled substance for more than 30 days may provide some benefit for the treatment of my pain. I may be continued on controlled substance(s); including opioids.
  - ---- I understand that part of the goals of my pain management therapy may likely include attempts to minimize or discontinue the use of controlled substances. There may be various reasons that my practitioner will recommend tapering or discontinuation of a controlled substance. Some of these reasons may include, but are not limited to: a reduction of pain symptoms by other means, the presence or development of side effects, any signs of misuse, abuse, diversion, or addiction, refusal to comply with diagnostic studies or other aspects of the treatment plan, attempts to obtain medication from another provider, use of illicit drugs or other medications that may interact with the controlled substance, or any other reason that my practitioner may deem it in my best interest to reduce or discontinue the controlled substance.
  - ---- I understand how to properly use the controlled substance that is being prescribed, and I agree to take the medication as directed and to not deviate from the parameters of the prescription as written by my practitioner. I will keep the medication safe, secure, and out of the reach of children and I will dispose of unused medication appropriately.
  - ---- I understand that controlled substances can cause certain reactions or side effects that could be dangerous, including drowsiness or sedation, constipation, nausea, itching, allergic reactions, problems with thinking clearly, slowing of my reactions, or slowing or cessation of my breathing, and possibly fatal overdose. Due to this risk of fatal overdose, the antidote naloxone (Narcan®) is available, without a prescription, at pharmacies.
  - ---- I understand that while taking these medications, it may not be safe for me to drive a car, operate machinery, or take care of other people. If I feel sedated, confused or otherwise impaired by these medications, I should not do things that would put other people at risk for being injured.
  - ---- I understand the risks and benefits associated with the use of controlled substances for the treatment of pain for greater than 30 days, including the risk of abuse, misuse, tolerance, dependence, and addiction.
- 2. It is my responsibility to maintain compliance with my treatment plan.
  - ---- I will keep, and be on time for, all scheduled appointments with my practitioner.

- ---- I understand that prescriptions will only be provided during scheduled office visits, and it is my responsibility to make sure that I have scheduled an appointment for refills (typically 30 days in advance). I understand that a minimum of a 5-7day notice may be necessary to get in for an appointment for medication refills. I will not call between appointments, at night, or on weekends to attempt to obtain refills.
- ---- I understand that my medication is my responsibility and if it is lost or stolen, the medication will not be replaced until my next appointment and may not be replaced at all.
- ---- I will treat the office staff respectfully at all times and I may be subject to discharge from the clinic if I am disrespectful to staff or disruptive to the care of others.
- ---- If my treatment for pain goes beyond ninety (90) days, I realize that I will be required by Nevada law to complete an assessment regarding my risk of abuse, misuse, or diversion of the controlled substance.
- 3. It is my responsibility to communicate important information to my practitioner.
  - ---- I agree to inform my practitioner if I have ever taken a controlled substance in the past, and if it provided the intended effect. I will also inform my practitioner if I am ever given a prescription for a controlled substance by another provider, prior to filling or taking that medication.
  - ---- I will inform my practitioner if I use alcohol, marijuana, or any other illicit drugs.
  - ---- I will inform my practitioner if I have ever been treated for side effects or complications relating to the use of controlled substances.
  - ---- If I or anyone in my family has had problems with mental illness or with abuse or misuse of alcohol or other drugs, I will inform my practitioner, as this may put me at greater risk of developing an addiction. I will also inform my practitioner of any change in my health status, any new medications that have been prescribed, or any other circumstances which may impact my usage of a controlled substance.
- 4. I understand that I am strictly prohibited from sharing the controlled substance with anyone or giving or selling the medication to any other person.
- 5. I understand that, as part of my treatment monitoring, periodic body fluid testing (urine, blood, saliva, etc.) may be required at the discretion of my practitioner. I will consent to such monitoring when deemed necessary by my practitioner.
  - ---- I agree to come in to the clinic for such monitoring and testing within 24 hours of being contacted by the office, and if I refuse, or am unable to do so, then my treatment with controlled substances may be discontinued, at the discretion of the practitioner.
  - ---- I agree to bring any and all vials of my current medications to the office within 24 hours of being contacted, in order to have my practitioner perform a pill count.
- 6. I agree to sign a release form to let my practitioner obtain records from other clinics and speak to other practitioners about my current or prior medical care.
  - ---- It is my responsibility to provide the office or clinic with my current and updated contact information in order to facilitate communication.
  - ---- I will keep up to date with any bills from the office, and I will inform the office of any change in my health insurance or payment method. I agree to pay the copayment or coinsurance fees required by my insurer at the time of service.
  - ---- I authorize my practitioner and my pharmacy to cooperate fully with any city, state, or federal law enforcement agencies, including, but not limited to Drug Enforcement Administration, State Board of Pharmacy, or State Medical, Dental, or Nursing Boards.

7.	I agree to fill all of my	prescriptions from only one phar	rmacy. My pharmacy is:
	Pharmacy Name	Pharmacy Pl	none Number
	Pharmacy Address		
8.	I understand that New previously resided, or such states:	vada state law requires me to proven had a prescription for a controlled	ride a listing of every state in which I have ed substance filled. Below is a listing of
9.	I understand that if I		t, then I may be denied prescriptions for
	controlled substances	and I may be discharged from th	e clinic.
answei	red. By signing, I agree to	h of the statements written above and a abide by the rules of this Prescription ed substances for treatment of my pair	have had an opportunity to have all my question Medication Agreement while continuing to a condition.
Patien	t Signature	Patient name printed	. Date
Parent	t/Guardian	Parent/Guardian name printed	 Date

## WRITTEN <u>INFORMED CONSENT</u> FOR CONTROLLED SUBSTANCE THERAPY FOR PAIN

Nevada law requires a patient's informed consent before a controlled substance can be initially prescribed to treat the patient's pain. I understand that attempting to reduce my pain is my responsibility, and that the treatment of pain with controlled substances carries with it some additional responsibilities that my practitioner has made me aware of. The purpose of this agreement is to help both me and my practitioner comply with the law.

(Please sign below to indicate your understanding of all parts of this document.)

- 1. It is my responsibility to maintain compliance with my practitioner's treatment plan. This includes the responsibility of using the controlled substance properly, as prescribed, and taking the medication as directed.
  - ---- I have discussed my treatment plan with my practitioner, Innovative Pain Care Center:

    Dr. Daniel Burkhead, Dr. Ho Dzung, Dr. Willis Wu, Dr. Eric Brimhall, Dr. Ryan West,

    Michael Eastman, PA-C, Kelsee McInturf, APRN-CNP, Michael Scott, PA-C , and I have a good understanding of the overall treatment plan and goals of treatment. I may be given prescriptions for controlled substances; including opioids. My practitioner has discussed specific risks and benefits of these drugs as well as possible alternative treatments for my pain that do not include controlled substances and it is our mutual decision that a controlled substance may provide some benefit for the treatment of my
  - ---- I understand how to properly use the controlled substance that is being prescribed, and I agree to take the medication as directed and to not deviate from the parameters of the prescription as written by my practitioner.
  - ---- When I take these medications, it may not be safe for me to drive a car, operate machinery, or take care of other people. If I feel sedated, confused or otherwise impaired by these medications, I should not do things that would put other people at risk for being injured.
  - ---- I understand my practitioner's protocol for addressing any requests for refills.

pain.

- ---- If my treatment for pain goes beyond ninety (90) days, I realize that I will be required by Nevada law to complete an assessment regarding my risk of abuse, misuse, or diversion of the controlled substance.
- 2. It is my responsibility to understand the risks and benefits of using a controlled substance, including the possibility of addiction.
  - ---- There are potential risks and benefits associated with the use of controlled substances for the treatment of pain and I understand these risks and benefits regarding the medication that I've been prescribed.
  - ---- I may experience certain reactions or side effects that could be dangerous, including drowsiness or sedation, constipation, nausea, itching, allergic reactions, problems with thinking clearly, slowing of my reactions, or slowing or cessation of my breathing.
  - ---- Controlled substances also include a risk of tolerance, where my body may become accustomed to the original dosage of medication and this may require increased dosages to obtain the same effect. This is a situation that must be discussed with my practitioner, if it arises.
  - ---- I understand that I may become physically dependent these controlled substances, creating a situation where I may experience withdrawal symptoms if I abruptly stop the medication. Withdrawal symptoms present as flu-like symptoms, nausea, vomiting, diarrhea, sweating, body aches, muscle cramps, runny nose, anxiety, and sleep disruption.

---- I understand that there is a risk of addiction to controlled substances. If I cannot control my usage of the medication then I may be referred for addiction treatment. ---- I understand controlled substances carry a risk of fatal overdose. If too much of the medication is taken, or if the medication is combined with other medications that may alter my level of consciousness (including alcohol and marijuana) this risk is increased. ---- Due to the risk of possible fatal overdose resulting from the use of controlled substances, the opioid overdose antidote naloxone (Narcan®) is available, without a prescription, and I can obtain this medication from a pharmacist at any time. ---- I have been made aware that there are controlled substances designed to deter abuse available to me and there are risks and benefits associated with those drugs. It is my responsibility to communicate important information to my practitioner. 3. If I or anyone in my family has had problems with mental illness or with abuse or misuse of alcohol or other drugs, I will inform my practitioner, as this may put me at greater risk of developing an addiction. I will also inform my practitioner of any change in my health status or any other circumstance which may impact my usage of medication. It is my responsibility to store and dispose of controlled substances in the appropriate manner. 4. Prescriptions for controlled substances should always be stored in a secure place and out of the reach of children and other family members. To safely dispose of unused medications, I may return the medications to a local pharmacy, a local police station, a "drug-take back day" station, or I may safely dispose of them by dissolving them in a "Dettera" bag, which may be available for purchase at a pharmacy. For Women (ages 15-45): It is my responsibility to tell my practitioner if I am or have reason to 5. believe that I am pregnant or if I am thinking about getting pregnant during the course of my treatment with controlled substances, as there is risk to a fetus of exposure to controlled substances during pregnancy, including the risks of fetal dependency on the controlled substance and neonatal abstinence syndrome (withdrawal). For the Parent or Guardian of un-emancipated minor: In addition to the above, there are risks that 6. the minor may abuse or misuse the controlled substance or divert the controlled substance for use by another person and I have an understanding about ways to detect such abuse, misuse or diversion. I have read and understand each of the statements written above and have had an opportunity to have all my questions answered. By signing, I give my consent for the prescription of controlled substances to treat my pain condition. Patient Signature Patient name printed Date Parent/Guardian name printed Date Parent/Guardian



## <u>Patient Care Agreement & Acknowledgement of Receipt of Innovative Pain Care Center's</u> Notice of Privacy Practices

"Pursuant to Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disability Act (ADA) of 1990 Innovative Pain Care Center does not discriminate in admissions, provisions of services, hiring and employment on the basis of race, color, national origin, sex, sexual orientation, gender identify, gender expression, religion, age or disability (including AIDS and related conditions)."

I look forward to working with you and hope that my staff and I can be successful in meeting your goals for your pain control. In striving to meet these goals, we all must adhere to certain standards. Please initial the statements below to acknowledge your understanding. The Pain Center staff will treat you with respect and compassion, and we recognize that your time is important. In return, we ask that you respect our time by giving us at least 24 hours notice of cancellation of appointments. Failure to do so will incur a \$75 fee for missed office visits and a \$150 fee for missed procedures. Please note, patient co-pay, deductibles and co-insurance amounts are due at the time of service. Checks are not accepted at time of service. It is our policy that a \$75 fee is assessed for any returned checks. In order to avoid any unnecessary charges billed to the patient, we ask that you update us immediately with any information on changes of insurance, address, name or phone number. I appreciate the fact that you've entrusted us with your care and hope that you have a pleasant and productive visit. Sincerely, Daniel L. Burkhead, M.D. And the Staff at Innovative Pain Care Center My signature indicates that I acknowledge and accept the terms and conditions presented in this agreement and that I have received Innovative Pain Care Center's Notice of Privacy Practices. Patient Name: PLEASE PRINT

Patient Signature



## NOTICE OF PRIVACY PRACTICES

As required by the Privacy Regulations created as a Result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU (AS A PATIENT OF THIS PRACTICE) MAY BE USED AND DISCLOSED, AND HOW YOU CAN GET ACCESS TO YOUR INDIVIDUALLY IDENTIFIABLE HEALTH INFORMATION.

We must provide you with the following important information:

- How we may use and disclose your protected health information (PHI)
- Your privacy rights in your PHI
- Our obligations concerning the use and disclosure of your PHI

The terms of this notice apply to all records containing your personal information that are created or retained by our practice. We reserve the right to revise or amend this Notice of Privacy Practices as permitted by law. Any revision or amendment to this notice will be effective for all of your records that our practice has created or maintained in the past or that we may create or maintain in the future. Our practice will post a copy of our current Notice in a visible location at all times, and you may request a copy of our most current Notice at any time.

### A. USES AND DISCLOSURES OF PHI

The following section describes different ways that we use and disclose your health information. For each kind of use or disclosure, we will explain the meaning and give an example. Not every use or disclosure will be listed; however, we have listed all of the different ways we are permitted to use and disclose medical information. We will not use or disclose your medical information for any purpose not listed below without your specific written authorization. Any specific written authorization you provide may be revoked at any time by submitting the revocation to us in writing.

1. <u>Treatment:</u> We may use and disclose medical information in the course of your treatment in order to provide, coordinate, or manage your healthcare and any related services. This may include other providers, pharmacies or others who assist in your care, such as your spouse, children, parents or caretaker.

Example: Medical information may be sent to another provider of medical care that you have been referred to by our office for further treatment or testing. You will be

informed by your provider or other office personnel of such a referral prior to any disclosure of information. Only the minimum necessary information will be provided.

2. <u>Payment:</u> We may use and disclose your PHI, including records, to obtain payment for services and products you may receive from us. This may include activities associated with authorization of services, eligibility and coverage or obtain payment by your health insurance plan or other third parties which are responsible for such payment or information.

Example: Treatment details or medical records may be provided to your health insurer to determine if your insurer will cover your treatment or to obtain payment for services previously rendered.

3. <u>Health Care Operations:</u> We may use and disclose your PHI to ensure accurate and appropriate business operations. These activities include, but are not limited to, quality assessment activities, employee review activities, or licensing.

Example: A sign-in sheet may be used at the registration desk where you will be asked to sign your name. Your name may be called in the waiting room when it is time for the provider to see you. We may also use and disclose your PHI to contact you to remind you of your appointment.

"Business associates" perform various activities (e.g. transcription or answering services) for us. We will share your PHI with business associates whenever appropriate. A written contract with the business associate will outline the terms that will protect the privacy of your PHI.

- 4. <u>Disclosures Required by Law:</u> Our practice will use and disclose your PHI when we are required to do so by federal, state or local law.
- 5. <u>Release of Information to Family/Friends:</u> Our practice may release your PHI to a friend or family member that is involved in your care or who assists in taking care of you.

Example: A patient, including a parent or guardian of a minor, may ask that a family member go to the pharmacy and pick up a prescription. In this example, that family member may have access to the patient's medical information.

## B. ADDITIONAL USES AND DISCLOSURES THAT MAY BE MADE WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT

We may use and disclose your PHI in the following instances. You have the opportunity to agree or object to all or part of your PHI being used or disclosed for these purposes. If you are not able to agree or object, the provider will, using professional judgment, determine whether the use is in your best interest. In any event, only the PHI that is relevant to your health care will be disclosed.

- 1. <u>Emergencies:</u> We may use or disclose your PHI in an emergency treatment situation. If this happens, your provider will try to obtain your consent as soon as reasonably practicable after the delivery of treatment. If your provider is required by law to treat you and the provider has attempted to obtain your consent but is unable, he or she may still use your PHI to treat you.
- 2. Others Involved in Your Healthcare: Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person you identify or that may be responsible for your care, your PHI that directly relates to that person's involvement in your health care. If you are unable to object to such a disclosure, we may disclose such information if we determine that it is in your best interest. We may use or disclose your PHI to an authorized public or private

entity to assist and coordinate uses and disclosures to family or other individuals involved in your health care.

3. <u>Communication Barriers:</u> We may use and disclose your PHI if your provider attempts to obtain your consent but is unable to do so due to substantial communication barriers and the provider determines, using professional judgment, that you intend to under the circumstances.

## C. ADDITIONAL USES AND DISCLOSURES THAT MAY BE MADE WITHOUT YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT

- 1. <u>Public Health:</u> Our practice may disclose your PHI to public health authorities that are authorized by law to collect information for the purpose of:
  - maintaining vital records, such as births and deaths
  - reporting child abuse or neglect
  - preventing or controlling disease, injury or disability
  - notifying a person regarding potential exposure to a communicable disease
  - notifying a person regarding a potential risk for spreading or contracting a disease or condition
  - reporting reactions to drugs or problems with products or devices
  - notifying individuals if a product or device they may be using has been recalled
  - notifying appropriate government agency(ies) and authority (ies) regarding the potential abuse or neglect of an adult patient, including domestic violence. However, we will only disclose this information if the patient agrees or we are required or authorized by law to disclose this information
  - notifying your employer under limited circumstances related primarily to workplace injury or illness or medical surveillance
- 2. **Health Oversight:** We may use or disclose PHI to a health oversight agency for activities authorized by law. Oversight activities can include investigations, inspections, audits, surveys, licensure and disciplinary actions; civil, administrative, and criminal procedures or actions; or other activities necessary for the government to monitor government programs, compliance with civil rights laws and the health care system in general.
- 3. Required by Law: We may use or disclose PHI to the extent required by law. The use or disclosure will be limited to the relevant requirements of the law. You will be notified, as required by law, of any such uses or disclosures.
- 4. <u>Legal Proceedings:</u> We may disclose PHI in the course of any judicial or administrative proceeding, in response to a court or administrative order, discovery request, subpoena, or other lawful process by another third party involved in the dispute.
- 5. <u>Law Enforcement:</u> We may disclose PHI, so long as applicable legal requirements are met, for law enforcement purposes including:
  - · legal processes and otherwise required by law
  - limited information requests for identification and location purposes
  - · pertaining to victims of crime
  - suspicion that death has occurred as a result of criminal conduct
  - in the event that a crime occurs on the premises of the practice, and
  - medical emergency (not on the practice's premises) and it is likely that a crime has occurred.

- 6. <u>Abuse or Neglect:</u> We may disclose your PHI to a public health authority, government entity or agency authorized to receive such information if we believe that you have been a victim of abuse, neglect or domestic violence. In this case, the disclosure will be made consistent with the requirements of applicable federal and state laws.
- 7. <u>Coroners, Funeral Directors, and Organ Donation:</u> We may disclose PHI to a coroner or medical examiner for identification purposes, determining cause of death or for other duties authorized by law. We may also disclose information to a funeral director, as authorized by law, in order to permit the director to carry out their duties. We may disclose such information in reasonable anticipation of death. PHI may be used and disclosed for cadaveric organ, eye or tissue donation purposes.
- 8. <u>Food and Drug Administration:</u> We may disclose your PHI to a Food and Drug Administration authorized person or company to report adverse events, product defects or Problems; biologic product deviations; track products; to enable product recalls; to make repairs or replacements; or, to conduct post marketing surveillance, as required.
- 9. <u>Military Activity and National Security:</u> When appropriate conditions apply, we may use or disclose PHI of individuals who are Armed Forces personnel (1) for activities deemed necessary by appropriate command authorities; (2) for purpose of determination by the Department of Veteran Affairs of your eligibility for benefits, or (3) to foreign military authority if you are a member of that foreign military service. We may also disclose your PHI to authorized federal officials for conducting national security and intelligence activities, including for the provision of protective services to the Present or others legally authorized.
- 10. Required Uses and Disclosures: Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with requirements of this notice.

#### D. YOUR RIGHTS REGARDING YOUR PHI

You have the following rights regarding the PHI that we maintain about you:

- 1. <u>Confidential Communications:</u> You have the right to request that our practice communicate with you about your health related issues in particular manner or at a certain location. For example, you may ask that we contact you at home, but not leave a message on the answering machine. We will accommodate reasonable requests. We will not request an explanation from you as to the basis for the request. Please make this request in writing to our Privacy Contact whose name is listed elsewhere in this Notice.
- 2. Request Restrictions of your PHI: This means you may ask us not to use or disclose any part of your PHI for the purposes of treatment, payment or healthcare operations (TPO). You may also request that any part of your PHI not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice. You must make your request in writing to the Privacy Contact listed elsewhere in this notice. You must include (a) the information you wish restricted; (b) whether you are requesting to limit our use, disclosure or both; and, (c) to whom you want the limits to apply.

Your provider is not required to agree to a restriction. If your provider believes it is in your best interest to permit use and disclosure of your PHI, your PHI will not be restricted. If you provider does agree to the requested restriction, we may not use or disclose your PHI in violation of that restriction unless it is needed to provide emergency treatment.

3. <u>Inspect and Obtain Copy your PHI:</u> This means you may inspect and obtain a copy of PHI about you that is contained in your medical record. A medical record includes medical, billing and any other records used for making decisions about you.

Under federal law, however, you may not inspect or receive copy the following records: psychotherapy notes; information compiled in a reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and PHI that is subject to law that prohibits access to PHI. In some circumstances, you may have a right to have this decision reviewed.

You may be required to submit your request in writing and a fee may be charged by the practice for the costs of copying, mailing, labor and supplies associated with your request.

- 4. Request Amendments to your PHI: This means you may request an amendment of PHI about you in your medical record for as long as we maintain it. The request must be in writing and submitted to the Privacy Contact listed elsewhere in this Notice. You must provide us with a reason that supports your request for an amendment. In certain cases, we may deny your request for an amendment. Including requests that are in our opinion are:
  - (a) accurate and complete;
  - (b) not part of the PHI kept by the practice;
  - (c) not part of the PHI which you would be permitted to inspect and copy; or are
  - (d) not created by our practice, unless the individual or entity who created the information is not available to amend the information.

If your request is denied, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

5. Request Accounting of Certain Disclosures of your PHI: This right applies to disclosures for purposes other than treatment, payment or healthcare operations (TPO) as described in this Notice. You have the right to specific information regarding these disclosures that occurred after April 14, 2003. This accounting is a list of certain non-routine disclosures our practice has made, if any, of your PHI for non-TPO purposes. Use of your PHI as a part of the routine patient care in our practice is not required to be documented. In order to obtain an accounting of disclosures, you must submit your request in writing to the Privacy Contact listed elsewhere in this Notice and must state a time period, which may not be longer than six (6) years from the date of disclosure, and may not include dates prior to April 14, 2003.

The first list you request within a 12-month period is free of charge, but our practice may charge you for additional lists within the same 12-month period.

- 6. <u>To Obtain a Paper Copy of this Notice:</u> Upon request, even if you have agreed to accept this notice electronically, you have the right to obtain a paper copy.
- 7. <u>Complaints/Questions:</u> You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated. We will not retaliate against you for filing a complaint. For information about the complaint process, please contact the Privacy Contact listed elsewhere in this Notice.

E. PRIVACY CONTACT/QUESTIONS AND FURTHER INFORMATION
For questions regarding this notice and further information regarding any of its contents, you may contact: Lisa Burkhead, Privacy Officer, 3110 S. Rainbow Blvd. Ste 101, Las Vegas, NV 89146, (702) 316-2281 or by fax (702) 316-2272.



## ACKNOWLEDGEMENT OF RECEIPT

## OF INNOVATIVE PAIN CARE CENTER'S NOTICE OF PRIVACY PRACTICES

I hereby acknowledge I have received a 5 page packet of Innovative Pain Care Center's Notice of Privacy Practices.

Patient Name:	PLEASE PRINT	
Signature:		
Date:		



Patient Name:
What is the best way to contact you regarding your medical information?
Phone number:
Please check all that applies.
O May we leave a voice mail?
O Can we leave a message with family member/ someone else?
Signature:



## Notice to All Patients Regarding Urine Testing

This office tests all patients randomly up to 12 times a year as part of our prescription monitoring program. As part of your narcotics agreement you have agreed to these tests. You should be prepared at every visit to provide a urine sample. If you are due for a urine screening, you will be asked prior to seeing your provider for the sample. If you are unable to provide a sample, you will be asked to wait in the waiting room until you are able to. If your test is inconsistent with your treatment plan, you may be required to provide a sample at every visit until you are in compliance. This is an additional charge to your office visit.

## Urine tests for prescription monitoring are performed in two parts:

Part one is an in office urine test. This test is billed by our office. If you have any questions about your out-of-pocket responsibility for the test, please contact our billing office.

Part two are specific studies performed by a contracted out-sourced laboratory, test are performed based on medications that are taken, as well as dosages, height and weight of the patient and the results of the in-office testing. These are billed by a laboratory within the contracted net-work of your insurance plan. If you have any questions about the laboratory portion of these tests, please contact your contracted laboratory facility.

#### These tests:

Prevent dangerous drug to drug interactions. Monitor compliance with your treatment plan.

I.	, understand the above and agree to
abide by the policies outlined in this agreement.	
Patient Signature	Date



## HIPAA PRIVACY AUTHORIZATION FORM Authorization for use or disclosure of protected health information

Innovative Pain Care Center is committed to HIPAA regulations. Therefore each patient is required to sign a release. Patients may include companion(s) (family members, friends, etc.) accompanying them to their appointment, schedule or reschedule appointments. Listed individuals are approved to hear discussion regarding the patient's health information.

I authorize the following individuals to be involved in the discussion of my medical health information. I understand I am responsible for the release of information provided by Innovative Pain Care Center to the following:

Name	Relationship
X	
Patient Name	Date



9920 W. Cheyenne Ave Ste 110 Las Vegas, NV 89129

> 9065 S. Pecos Rd., Ste 230 Henderson, NV 89074

501 S. Rancho Dr. Ste G-44 Las Vegas, NV 89106

(702) 316-2281 - Fax: (702) 316-2272

## COVID-19 Pandemic Treatment Consent Form As with the transmission of any communicable disease like a cold or the flu, you may be exposed to COVID-19, known as "Coronavirus," at any time or place. Be assured that we, at Innovative Pain Care Center, have always followed state and federal regulations and recommended universal personal protection and disinfection protocols to limit transmission of all disease in our offices and we continue to do so. Despite our careful attention to sterilization, disinfection, and use of personal barriers, there is still a chance that you could be exposed to an illness in our office just as you might be at your gym, grocery store, or favorite restaurant. "Social distancing" nationwide has reduced the transmission of the Coronavirus. Although we have taken measures to provide social distancing in our practice, due to the nature of the medical evaluations and/or procedures that we provide, it may not be possible to maintain social distancing between the patients, medical providers, staff, and sometimes other patients, at all times. COVID-19 virus has a long incubation period during which carriers of the virus may not show symptoms and might still be highly contagious. It is impossible to determine who has the virus and who doesn't, given the current limitations in virus testing. If you have been exposed to a communicable disease, you may spread the disease to the healthcare provider, staff, or other patients in the practice. Although exposure to a communicable disease within our office is unlikely, by signing below, you accept the risk of possible exposure to disease within our office, and you consent to treatment here at our facility despite this possible risk. You agree that if you begin to exhibit any symptoms of COVID-19, or if you are diagnosed with COVID-19 within a 30 day period either before or after your visit, you will contact our office immediately to report your illness or exposure so that we can take steps to limit the spread of this disease. Your signature below provides attestation that the following statements are true: -I have not felt hot or feverish in the past 14-21 days. -I have not felt short of breath or had any difficulties breathing in the past 14-21 days. -I have not developed a cough, sore throat, or runny nose within the past 14-21 days. -I have not had any flu-like symptoms (gastrointestinal upset, headache, or fatigue) in the past 14-21 days. -I have not experienced a loss of taste or smell in the past 14-21 days. -I have not been in contact with any confirmed COVID-19 positive patient in the past 14-21 days. -I have not traveled outside of the state of Nevada in the past 14 days. I have read this form and I comprehend the information it contains. I agree with all of the above statements, and I understand the risks involved in being seen for a medical visit. Signature:\_\_\_ Date